



**AUGUST 11, 2018,  
10:00A.M. -12:00 P.M.**

**THE COURAGE  
TO BE  
YOURSELF**

**Heart 2 Heart and Arms Wide  
Presents Our Back to School Retreat!**

Starting a new school year can be exciting, yet stressful time for students and parents. Join us for our retreat, where our Licensed Professional Counselors, Interns, and Certified Teachers will tackle topics and skills that will assist our youth in making the upcoming school year a success. We provide innovative and interactive activities for 3<sup>rd</sup>-8<sup>th</sup> grade.

**Goal Setting**

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**Study Skills**

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**Bullying**

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**Social Media**

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**Peer Pressure**

**UNITED WAY  
FORT BEND  
CENTER**

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Stafford, TX 77477

RSVP: Email  
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Call: (832) 945-3139

